

# Cool Tassie Vegies Season Guide

Tasmanian vegetables taste particularly good because they are grown in a cool climate. When it's cooler, things grow slower as they experience no heat stress. No stress while growing results in fuller flavour, more vitamins, a longer shelf life, a longer growing season, and vegetables that stay fresher for longer at home. Add to that idyllic soil conditions, clean water and air, and you have vegetables that are simply fabulous. So whether it's swedes or carrots, potatoes or broccoli, summer or spring – Tasmanian vegies are the coolest and tastiest vegies around.

**For more Tassie Veg promotional material, please call Ashlee Kilmartin from APG on 0437 460 225.**



	January	February	March	April	May	June	July	August	September	October	November	December	
Broccoli	[Broccoli image]												
Brussel Sprouts			[Brussel Sprouts image]										
Beans		[Beans image]											
Cabbage	[Cabbage image]												
Carrots	[Carrots image]												
Capsicum	[Capsicum image]										[Capsicum image]		
Cauliflower		[Cauliflower image]											
Celery		[Celery image]											
Leeks			[Leeks image]										
Mushrooms	[Mushrooms image]												
Onions	[Onions image]												
Parsnip		[Parsnip image]											
Potato	[Potato image]												
Pumpkin		[Pumpkin image]											
Swedes	[Swedes image]												
Cherry Tomatoes				[Cherry Tomatoes image]									
Zucchini	[Zucchini image]												